

Reiki - What It All Be Like

Home of the 30 Day Reiki Challenge!!!

30 Day Reiki Challenge - Day 31?

Duane Flowers · Wednesday, September 24th, 2008



Today for the **30 Day Reiki Challenge** we have a special treat... oops, did I say Day 31? Ah, I remember now... the challenge is over! Old habits sure do die hard!! ☒

Amazing how something can become so entrenched in just 30 days! Or is it?

I learned an awful lot from the experience on this end... most of it good (**but not all of it**) and I'm looking forward to next year's challenge and will strive to make it bigger, better and stronger than this one.

I also had a lot of fun! I had worked out the big picture a while ago and just had to fill in the blanks. Its something I had wanted to do for quite a while, like the **YouTube video**, I just had to build up the nerve to actually sit down and do it.

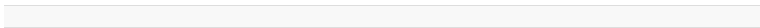
As a Reiki teacher, I feel I have a much better understanding of my own weaknesses in regard to teaching Reiki, and i plan on having them all ironed out by next year. Right now, I just need to get back into writing the kind of posts I did before the challenge... God willing!!!

Still, there's an emptiness... but OTOH I sure can use a good rest!!! ☒

For further explanation or discussion, your thoughts are most welcome and highly encouraged, please feel free to comment below!!!



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