

# Reiki - What It All Be Like

Home of the 30 Day Reiki Challenge!!!

## Reiki Snowman

Duane Flowers · Friday, December 26th, 2008



We had just enough snow to make our first little snowman of the season, so I thought I'd try something I hadn't before, I gave it a **Reiki Master Attunement...** and presto... my first **Reiki Snowman!!**

The procedure is pretty basic, just build the snowman and give it an attunement. The only difference being on the intent of the attunement... which is to constantly give Reiki to all the people passing by... and since today's Reiki Snowman was right at the front door to my 100+ family condo there are always quite a few people in and out (**and about**) all day long.

Does it work? I don't know... it was kind of a spur of the moment thing, and since I've Reiki'd other inanimate objects in the past, this didn't seem like too much of a stretch. I'd like to think it did work though... and I hope he (**at least I think it was a he... I never checked**) has a nice long life... at least until spring... and that he keeps spreading his Reiki warmth until then. ☒

As long as he doesn't melt I'll keep giving him Reiju (**Reiki Tune-Ups**) all throughout the winter season and if I manage to catch a cold, I'll give him the first shot at healing it... just to see if he's got the juice! ☒

My daughter said it was pretty silly... and maybe she was right... but then again... ☒

For further explanation or discussion, your thoughts are most welcome and highly encouraged, please feel free to comment below!!!



This entry was posted on Friday, December 26th, 2008 at 11:10 pm and is filed under [Reiki Techniques](#). You can follow any responses to this entry through the [Comments \(RSS\)](#) feed. You can leave a response, or [trackback](#) from your own site.

## 2 response to "Reiki Snowman"

1.) [Chris Niedt](#) says:

December 27th, 2008 at 7:16 pm  
that is actually a good idea.

Most "intuitive/spur of the moment thoughts" are quite effective. Mainly because they just come to you. There is nothing better to trust than intuition

:grin:

2.) [Duane Flowers](#) says:

December 27th, 2008 at 11:54 pm  
Very true Chris... most people tend not to trust their intuition, though... which is too bad, because it is probably much more accurate than their logic. :lol:

**Snowman Report:** Day Two and our Reiki Snowman is still happy and healthy. A few of the local kids have taken a liking to him, Japanese Snowmen have a big ball with a smaller ball for a head while American Snowmen generally are three parts (*at least in New England from whence I hail*).

---

**The comment form is not available in PDF.  
But you can open the [post in a browser window](#) and comment there.**